

EJAF Funded Living Proof Weekends

Providing support to
people who have been living with HIV
for 5 or more years

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Elton John AIDS Foundation

LONG-TERM HIV+ AND FEELING ISOLATED?

What is on offer

Thanks to a generous grant from the Elton John AIDS Foundation (EJAF) we are able to offer a limited number of free places on a “Living Proof” weekend. The funding will cover all of the costs of the weekend (accommodation and food) as well as a contribution towards your travel costs.

Who can apply

To be eligible to apply for a fully funded weekend you must meet the following criteria:

- **50+ years old, or**
- **Socially isolated due to living in a rural location, low HIV prevalence area or otherwise unable to use local HIV support services, or**
- **A worker (paid or volunteer) in the HIV support sector**

Additionally, to become a member of NLTSG, you must have been diagnosed HIV+ve for 5 years or more. This offer is only open to people who have not previously attended an NLTSG weekend.

Why you might want to attend

As well as having a relaxing enjoyable weekend, you will get the chance to meet other people living with HIV for more than 5 years. You can bring whatever issues you need to tackle but typical discussions include:

- Disclosing HIV+ status in a smaller community
- Unsure of future access to benefits or social care
- No local HIV+ community or support services
- Neglecting your own needs by looking after others

What to do next

Get in touch using the contact details on the other side!